



<b>Health Grade 6</b> <b>(Affirm Personal Standards)</b> <b>Apply Decisions (AP)</b>					
<b>OUTCOMES</b>		<b>1 – Little Evidence</b> With help, I understand parts of the simpler ideas and do a few of the simpler skills.	<b>2 – Partial Evidence</b> I understand the simpler ideas and can do the simpler skills. I am working on the more complex ideas and skills.	<b>3 – Sufficient Evidence</b> I understand the more complex ideas and can master the complex skills that are taught in class. <b>I achieve the outcome.</b>	<b>4- Extensive Evidence</b> I have a deep understanding of the complex ideas, and I can use the skills I have learned in situations that were not taught in class.
<b>AP 6. 10</b> <b>I can design and implement (with guidance) two six-day action plans that reflect affirmation of personal standards related to decision making, relationships, non-curable infections, stress management, body image, safety, and health promotions.</b>	<b>Design</b>	<b>• With frequent guidance,</b> I can design a <b>brief</b> outline for <b>at least ONE</b> six-day action plan, using my personal goal statements, that answers <b>A FEW</b> of the following questions: <ul style="list-style-type: none"> <li>• Goal</li> <li>• Process</li> <li>• Timeline</li> <li>• Support</li> </ul>	<b>• With guidance,</b> I can design a <b>brief</b> outline for <b>at least ONE</b> six-day action plan, using my personal goal statements, that answers <b>MOST</b> of the following questions: <ul style="list-style-type: none"> <li>• Goal</li> <li>• Process</li> <li>• Timeline</li> <li>• Support</li> </ul>	<b>• With minimal guidance,</b> I can design an outline for <b>TWO</b> six-day action plans, using my personal goal statements, that includes <b>ALL</b> of the elements of an effective plan: <ul style="list-style-type: none"> <li>• Goal</li> <li>• Process</li> <li>• Timeline</li> <li>• Support</li> </ul>	<b>• Independently,</b> I can design a <b>detailed</b> outline for <b>TWO</b> six-day action plans, that includes <b>ALL</b> of the elements of an effective plan: <ul style="list-style-type: none"> <li>• Goal</li> <li>• Process</li> <li>• Timeline</li> <li>• Support</li> </ul>
	<b>Implement</b>	<b>• With frequent guidance,</b> I can follow my outline to <b>implement</b> at least <b>ONE</b> action plan.	<b>• With guidance,</b> I can follow my outline to <b>implement</b> at least <b>ONE</b> action plan.	<b>• With minimal guidance,</b> I can follow my outline to <b>implement</b> <b>TWO</b> six-day action plans.	<b>• I can show evidence of implementing AND assessing</b> (revising where necessary) <b>TWO</b> six-day action plans.
Comments					